

## Good Faith Estimate

Lynda Heymen, Psy. D.  
224 East St  
Pittsboro, NC 27312

Date of Good Faith Estimate: \_\_\_/\_\_\_/\_\_\_ This estimate is for psychotherapy services through \_\_\_/\_\_\_/\_\_\_ . I am not In-Network with any insurance companies.

### **Brief explanation of estimate for new patients:**

The estimate below is the cost that is likely for most new patients. Until I do an initial evaluation and we start to work together, I will not have a clear picture of your specific diagnosis, issues and needs. I typically see therapy patients for 15-50 sessions per year. But in some cases, a patient's issues may be more complicated, so we may need additional sessions during the time covered by this estimate.

**Brief explanation for continuing patients:** The estimate below is the range of costs that I think is likely for your care over the time period covered by this estimate. However, depending on how treatment progresses, more or fewer sessions may be needed.

If you have questions about this estimate, please contact Lynda Heymen Psy. D., who can answer questions about the Good Faith Estimate at 919-548-6114.

### **Details of the Estimate**

The following is a detailed list of expected charges for psychological services. The estimated costs are valid for 12 months from the date of this Good Faith Estimate, unless I send you an updated estimate.

Service	Diagnosis Code	Service code	Quantity	Cost per unit	Expected cost
Initial evaluation		90791			
Psychotherapy		90834			

**Total estimated cost:** \_\_\_\_\_

**Psychologist providing services: Lynda Heymen, Psy. D.**  
NPI number: 1326115502 TIN: 65-0513807

Patient name \_\_\_\_\_ DOB \_\_\_\_\_

## **Disclaimer**

This Good Faith Estimate shows the costs of services that are reasonably expected for the expected services to address your mental health care needs. The estimate is based on the information known to me when I did the estimate.

The Good Faith Estimate does not include any unknown or unexpected costs that may arise during treatment. You could be charged more if complications or special circumstances occur. If this happens, federal law allows you to dispute (appeal) the bill.

**If you are billed for more than this Good Faith Estimate, you have the right to dispute the bill.**

You may contact Lynda Heymen, Psy. D. at the contact listed above to let her know the billed charges are higher than the Good Faith Estimate. You can ask her to update the bill to match the Good Faith Estimate or ask to negotiate the bill.

You may also start a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days (about 4 months) of the date on the original bill.

There is a \$25 fee to use the dispute process. If the agency reviewing your dispute agrees with you, you will have to pay the price on this Good Faith Estimate. If the agency disagrees with you and agrees with the health care provider or facility, you will have to pay the higher amount.

To learn more and get a form to start the process, go to:

[www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call CMS at 1-800-985-3059.

For questions or more information about your right to a Good Faith Estimate or the dispute process, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call CMS at 1-800-985-3059 .

This Good Faith Estimate is not a contract. It does not obligate you to accept the services listed above.

**Keep a copy of this Good Faith Estimate in a safe place or take pictures of it. You may need it if you are billed more than \$400 than the estimate provided above.**